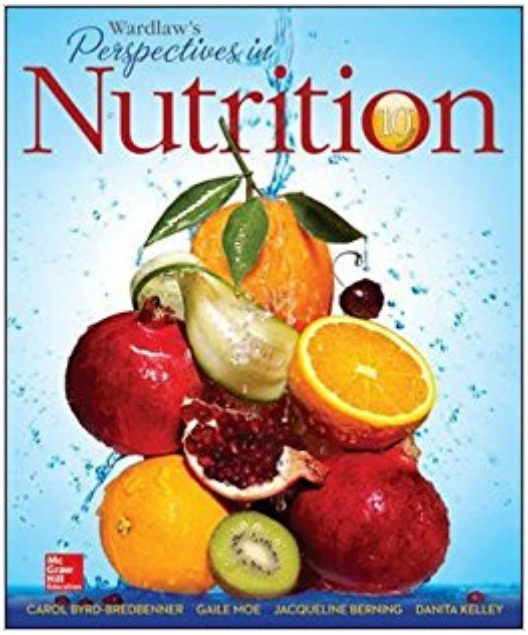
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Wardlaw's Perspectives In Nutrition



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Synopsis

NOTE: This title does not include access code COMING SOON: Revised for2015 Dietary GuidelinesFinally one-stop shopping for everything you need for your introductory majors course!Building upon the long-standing strengths of Wardlaw's Perspectives in Nutrition, the tenth edition author team has taken a garden-fresh approach to revising this highly regarded text. Every paragraph has been scrutinized to ensure that students are exposed to scientific content and concepts that are explained accurately and precisely, and in high-interest fashion that will draw students into their first study of nutrition science. Students will benefit from a carefully crafted text that brings them up-to-date scientific thinking and research blended with dynamic activities that will allow them to apply their knowledge to their own lives and future careers. Instructors will have the ability to assign auto-graded coursework and tutorials that are assessed against Learning Outcomes. The textbook content also serves as the basis for an adaptive, diagnostic self-learning tool for students that will help them acquire mastery and improved grades. Users who purchase Connect Plus receive access to the full online ebook version of the textbook.

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Customer Reviews

Jacqueline R. Berning, P h.D., R. D., CSSD , earned her doctorate in nutrition from Colorado State University in Fort Collins, Colorado. She is currently Professor and Chair of the Health Science Department at the University of Colorado at Colorado Springs (UCCS), where she has won numerous teaching awards. Dr. Berning is published in the area of sports dietetics and was the

sport dietitian for the Denver Broncos for over 25 years, Cleveland Indians for 18 years, and Colorado Rockies for 10 years. Currently she is the sport dietitian for UCCS athletics and US Lacrosse. She is active in the Academy of Nutrition and Dietetics, where she served as the chair of the Program Planning Committee for FNCE and is currently Chair of the Appeals Committee. In 2014, Dr. Berning was awarded the Mary Abbot Hess Award for Culinary Events for teaching the University of Colorado football team how to grocery shop and cook. Additionally, she served 6 years as an ADA spokesperson and is a former chair of the Sports, Cardiovascular, and Wellness Nutritionists dietetics practice group. She enjoys walking, hiking, and gardening.Gaile L. Moe, Ph. D., R.D., earned a doctorate in nutritional sciences at the University of Washington. She is a registered dietitian who has worked in clinical nutrition, research, and management, as well as education. She is currently Professor and Director of the Didactic Program in Dietetics at Seattle Pacific University. She has published in peer-reviewed journals in the areas of nutrition and cancer and media reporting of nutrition research. Gaile enjoys swimming, cycling, walking, and hiking, along with learning about culinary traditions, food, and food policy.Danita Saxon Kelley, Ph.D., R.D., earned her doctorate in nutritional sciences from the University of Kentucky. She serves as Associate Dean of the College of Health and Human Services and is a Professor in the Family and Consumer Sciences Department at Western Kentucky University. Previously, Dr. Kelley was Director of the Didactic Program in Dietetics at Western Kentucky University. She is a Past President of the Board of Directors for the Kentucky Academy of Nutrition and Dietetics. Her scholarly work has focused on healthy eating of adolescents, communication skills of dietetic students, histaminergic activity and regulation of food intake, and dietary restriction effects on the antioxidant defense system. She has received awards for teaching from the Kentucky Academy of Nutrition and Dietetics and the Dietetic Educators of Practitioners of the Academy of Nutrition and Dietetics. She enjoys singing, walking her dog, cheering for her family in water-ski competitions, and watching her children participate in athletic and musical endeavors.Carol Byrd-Bredbenner, Ph.D., R.D., FAND, received her doctorate from Pennsylvania State University. Currently, she is Professor in the Nutritional Sciences Department at Rutgers, The State University of New Jersey. She teaches a wide range of undergraduate and graduate nutrition courses. Her research interests focus on investigating environmental factors that affect dietary choices and health outcomes. Dr. Byrd-Bredbenner has authored numerous nutrition texts, journal articles, and computer software packages. She has received teaching awards from the American Dietetic Association (now called the Academy of Nutrition and Dietetics), Society for Nutrition Education, and U.S. Department of Agriculture. She was the recipient of the American Dietetic AssociationÃ¢â ¬â„¢s Anita Owen

Award for Innovative Nutrition Education Programs. She also was a Fellow of the United Nations, World Health Organization at the WHO Collaborating Center for Nutrition Education, University of Athens, Greece. She enjoys exploring food and culinary customs, traveling, diving, and gardening.

Good book, was able to pass class with no issue's, exactly what I needed. Nice to just rent book and not have to buy it. Rented for like $15 where as college want $300. Great savings and don't have just another book on shelf.

This is a pretty good textbook that we ordered new. The material seems good, but unlike other new textbooks my daughter needed for her courses, this one did not come with the access codes included. This makes this textbook very expensive when you have to pay an additional $80 plus more to get the access codes for the course.

Nice study helps, charts, guides, quizzes, summaries and pictures. Its a well thought out textbook. I am learning nutrition and am basically self-taught using this.

It's was a great deal because it came with an acces code as well for only $30-$40 and when my school was charging $80 alone for the code and $120 alone for the text

This is a great book to have even as a personal guide to enhance healthy eating habits.

Very accurate and precise book with lots of info

Thank you sooo much really helped a lot in class !!!

Of course it couldve been a little cheaper but i recieved it right when i needed it and hve been pleased with it.

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